

Success Board and Binder

Clinical Nutrition Center is proud to announce our SUCCESS and RECOGNITION board and binder. These will display pictures, quotes, and weight loss success stories. They will be proudly displayed in our front office to celebrate **YOU**.

If you are interested in participating, please fill out this form and a hand written or typed piece of paper with your story (details below), and bring it back to the office with before and after pictures. Submissions will be included in the binder, and we will pick several submissions each month to display on our success board.

As our way of saying "Thank you" for your time and effort on this project, **complete submissions** (all questions answered, before and after pictures included) deemed appropriate for the binder and board by our staff, and received before the end of 2006, will receive a **\$20 gift certificate** to CNC.

Full Name: _____

Name as you would like it to appear on the board or binder (i.e. Full Name, First name only, anonymous, nickname, etc):

Success Story - Include information such as:

- Your starting and ending weight (and size)
- Which plans you were on at CNC
- How losing weight has impacted or affected your life
- Your thoughts and feelings
- How you feel physically
- Reactions from friends, family, co-workers
- What was easy or different about this attempt at weight loss? What was difficult? What did you learn?
- Do you have tips that might be helpful for others?
- Any other comments or stories

****Remember to include before and after pictures!***

Can we include your submission on our testimonials link on our website (www.clinicalnutritioncenter.com)? YES NO

Can we include your submission in our HealthStyles e-newsletter? (Distributed to current and former CNC patients) YES NO

*Note - If you are typing your submission and prefer to email it to us, please send it to ALazarus@ClinicalNutritionCenter.com and attach digital picture files.