

Ethan Lazarus, MD, DABOM, DABFM, MFOMA

Greenwood Village, CO

 [www.ClinicalNutritionCenter.com](http://www.ClinicalNutritionCenter.com)

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## Professional Profile

**Board-certified physician** in Family Medicine and **Obesity Medicine** (Diplomate, American Board of Obesity Medicine) with over **20 years of clinical and academic experience**. Recognized national leader, educator, and advocate in obesity care, specializing in clinical practice, policy advancement, and physician education.

Proven history of high-level **collaboration with pharmaceutical industry partners** on advisory boards and speaker's bureaus. Expertise in translating clinical data into practical medical education and shaping national public health policy, most notably leading advocacy for the American Medical Association's (AMA) recognition of obesity as a disease.

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## Key Skills & Expertise

- **Obesity Medicine Clinical Expertise:** Deep specialization in the evaluation and management of obesity and co-morbidities.
  - **Medical Affairs & Education:** Extensive experience as a Senior Clinical Instructor , Preceptor for an Obesity Medicine Fellowship , and national speaker, ensuring strong capabilities in scientific communication and KOL engagement.
  - **Policy & Advocacy:** Founded the **AMA Obesity Caucus** and led initiatives to advance obesity as a public health priority.
  - **Clinical Trials & Research:** Co-author of peer-reviewed publications and clinical practice statements.
  - **Strategic Leadership:** Past President of the **Obesity Medicine Association (OMA)** and President / Owner of an Obesity Medicine practice for over 20 years.
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## Professional Experience

**President & Physician** | Clinical Nutrition Center – Greenwood Village, CO

*2004 – Present*

- Function as a full-time outpatient physician specializing in Obesity Medicine.
- Oversee and manage a multidisciplinary team of Registered Dietitians and Providers.

**Senior Clinical Instructor** | University of Colorado Anschutz Medical Campus – Denver, CO (Department of Family Medicine) *2013 – Present*

- Serve as Preceptor for the Obesity Medicine Fellowship (2019 – Present).

**Intern & Resident, Family Medicine** | John Peter Smith Hospital – Fort Worth, TX  
*1996 – 1999*

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### **Policy & Professional Leadership**

**Obesity Medicine Association (OMA)** | Trustee, Secretary, Treasurer, President-Elect, **President**, Past-President, and Ex-Officio *2013 – 2025*

- Served in every leadership role, culminating in the Presidency of the nation's leading association for clinicians specializing in obesity.

**American Medical Association (AMA)** | Delegate & Caucus Founder *2013 – Present*

- **Founded the AMA Obesity Caucus** (2015 – Present).
  - Successfully advocated for and secured AMA recognition of **obesity as a disease** (2013).
  - Co-authored policy to significantly improve physician obesity education (2015).
  - Introduced and passed policy to advance obesity as a public health priority (2025).
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### **Industry Collaboration & Speaking**

#### **Advisory Board and Speaker's Bureau Engagements**

- **Novo Nordisk**: Advisory Board (2025–Present), Speaker's Bureau (2014–Present)
- **Lilly**: Advisory Board, Speaker's Bureau (2023–Present)
- **Currax**: Advisory Board, Speaker's Bureau (2021–Present)
- **Boehringer Ingelheim**: Advisory Board (2024–Present)
- **Past Engagements**: Nalpropion (2017–2021) , Orexigen (2014–2017)

**Extensive National Speaking Experience** at leading organizations including: Obesity Medicine Association (OMA), The Obesity Society (TOS), American Medical Association (AMA), and others.

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## **Education & Certifications**

**M.D., Doctor of Medicine** | University of Colorado Health Sciences Center – Denver, CO

*1992 – 1996*

**B.S., Health Care Administration (Cum Laude)** | Wharton School of the University of Pennsylvania – Philadelphia, PA

*1988 – 1992*

**B.A., Natural Sciences (Cum Laude)** | University of Pennsylvania – Philadelphia, PA

*1988 – 1992*

## **Certifications**

- **Diplomate, American Board of Obesity Medicine** (2012 – Present)
  - **Board-Certified, American Board of Family Medicine** (1999 – Present)
  - **Master Fellow, Obesity Medicine Association (MFOMA)** (2024)
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## **Awards & Publications**

### **Select Awards & Honors**

- **Master Fellow of the Obesity Medicine Association (MFOMA).** 2024.
- **Healthcare Advocate of the Year.** Obesity Action Coalition. November 2018.
- **Peter G. Lindner Award.** Obesity Medicine Association. October 2018.
- **Obesity Medicine Clinician of the Year.** Obesity Medicine Association. October 2015.
- **Vernon B. Astler Award.** October 2013.

### **Select Publications**

- ***Comprehensive Obesity Management Part 1: Assessment and Initiation of Treatment (2025)*** - doi:10.12788/fp.0636

- *Comprehensive Obesity Management Part 2: Ongoing Assessment and Individualization of the Treatment Plan* (2025) - doi:10.12788/fp.0637
- *Appropriate use of the fixed-dose, extended-release combination of naltrexone and bupropion as treatment for obesity in primary care* (2025) -  
<https://doi.org/10.1016/j.obpill.2025.100170>
- *Future of Obesity Medicine: Fearless 5-year predictions for 2028* (2023) -  
<https://doi.org/10.1016/j.obpill.2023.100057>
- *Health State Utilities Associated with Hyperphagia* (2022) -  
<https://doi.org/10.1002/osp4.652>
- *Cancer and Obesity: OMA Clinical Practice Statement* (2022) -  
<https://doi.org/10.1016/j.obpill.2022.100026>
- *Obesity pillars roundtable: Phentermine – Past, present, and future* (2022) -  
<https://doi.org/10.1016/j.obpill.2022.100024>
- *OMA President's Perspective: A New Journal Will Help Us Overcome Obesity* (2021) -  
<https://doi.org/10.1016/j.obpill.2021.100002>
- *Maintaining Weight Loss by Decreasing Sedentary Time* -  
<https://pubmed.ncbi.nlm.nih.gov/28315205/>
- Chapter Author: *Facing Overweight and Obesity: A Complete Guide for Children and Adults*
- Chapter Author: *Primary Care: Evaluation and Management of Obesity*